

## Facilitation Guide: Peer Learning Exercise

**Exercise Length: 40-60 min.**

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### MATERIALS NEEDED:

- Chairs
- Notepad
- Pen

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### ROOM SET UP:

- Grouping of five to six chairs in a circle. One chair in the middle of the circle.

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### FACILITATION PROCESS:

1. Instruct the peer with the challenge or concern to sit in the chair placed in the middle of the circle.
2. Instruct the other peers to sit in one of the other chairs facing the middle.
3. Instruct the peer in the middle to share their problem, challenge, concern, or idea with the group. Inform the other peers their role during this time is to actively listen silently without interruption.  
**Time: 10 minutes**
4. Inform the other peers they may ask clarifying questions of the peer in the middle to provide context or gain further clarity of the scope of the situation.  
**Time: 10 minutes**
5. Instruct the sharing peer to remain silent and actively listen without interruption. Instruct the other peers to brainstorm solutions and ideas to the sharing peer's challenge/concern/idea.  
**Time: 10 minutes**
6. Ask the sharing peer to discuss their perspective on the brainstorming session of the group including identifying ideas/solutions they may put into practice.  
**Time: 5 minutes**